#### Zhu Xi and the Lunyu

### Kwong-loi Shun

## David Jones, ed., Contemporary Encounters with Confucius (Open Court, 2008)

### 1. <u>Introduction</u>

*Ren* (humaneness, benevolence) is one of the most prominent concepts in the <u>Lunyu (Analects)</u>, and is often used in the text to refer to an all-encompassing ethical ideal. In the <u>Mengzi (Mencius</u>), it is used to refer to one among four ethical attributes *ren*, *yi* (righteousness, propriety), *li* (ritual propriety), and *zhi* (wisdom). In Han thought, it refers to one among five ethical attributes: *ren*, *yi*, *li*, *zhi*, and *xin* (trustworthiness). Zhu Xi continues to use *ren* to refer to one among several ethical attributes, along with *yi*, *li*, *zhi*, and sometimes also *xin*. At the same time, he also retains its use to refer to an all-encompassing ethical ideal. How, then, does he reconcile these two ways of using *ren*?

Mencius holds the view that *xing* (nature) is good, in the sense that human beings share certain ethical predispositions that, when fully developed, lead to the ethical ideal. The idea that *xing* is good is reaffirmed by later Tang thinkers such as Han Yu and Li Ao. Li Ao holds the view that *xing* is perfectly good in its original state, though it can be obscured; the task of self-cultivation is to restore the original state of *xing*. Zhu Xi holds a similar view of *xing*, regarding *ren* as the original state of *xing*. At the same time, he continues to affirm certain observations in the <u>Lunyu</u> about the difference between different kinds of people and about how people are close to each other by nature (*xing*). How, then, does he reconcile these ideas with the observations that human beings share an originally good *xing*?

These two questions reflect a task that Zhu Xi often has to confront in developing his own understanding of Confucian thought. He upholds the status of the <u>Lunyu</u> as a Confucian canon, and at the same time draws on and synthesizes ideas from later Confucian thinkers and texts. These later ideas, however, often appear at odds with ideas in the <u>Lunyu</u>, and he faces the task of having to resolve this apparent conflict. In what follows, I consider how his attempt to resolve the apparent conflict shapes his interpretation of the concept of *ren*, the view of *xing*, and the conception of self-cultivation in the <u>Lunyu</u>.

## 2. <u>Zhu Xi on *Ren* in the *Lunyu*</u>

To understand Zhu Xi's interpretation of *ren* in the <u>Lunyu</u>, let us first consider his own understanding of *ren*. Often, he characterizes *ren* in terms of forming one body (*yi ti*) with all things and in terms of a ceaseless life giving force (*sheng sheng*).

In early texts, Heaven (*tian*), the ideal ruler, and even the ideal person, are often described as forming one body with other people and things. The <u>Liji</u> describes the ideal ruler as someone who regards the common people as part of his body (17/16a), while the <u>Guanzi</u> describes him as one who forms one body with the common people (10/18a). The <u>Zhuangzi</u> describes Heaven and Earth (*tian di*) as forming one body, and myself as being one, with the ten thousand things (1/18a, 10/21a), and similar ideas are found in the <u>Liezi</u> (8/14b). Later Confucian thinkers continue to advocate similar ideas, and characterize *ren* in these terms. Zhang Zai describes the ten thousand things as being one thing (2/5a) and

describes *ren* as embodying all affairs just as Heaven embodies all things without omission (2/11b). The Cheng brothers describe the body of the ten thousand things as my body (<u>Cuiyan</u> 1/10b-11a), and characterize *ren* in terms of forming the same body with all things (<u>Yishu</u> 2a/3a-3b) or regarding the ten thousand things as one body and as part of myself (<u>Cuiyan</u> 1/7b).

Zhu Xi endorses similar ideas, regarding Heaven and Earth and the ten thousand things as originally forming one body with myself (Zhongyong Zhangju 2b), and characterizes *ren* in these terms (Lunyu Jizhu 3/18a-b). *Ren*, for him, involves forming one body with all things (Commentary on Siming in Zhangzi Quanshu 1/9b-10a). Though one may have deviated from this state of existence, the task of self-cultivation is to enlarge one's heart/mind until one sees everything as connected to oneself (Yulei pp. 2518-19).

In early texts, the operation of Heaven (*tian*) is also described in terms of a ceaseless life-giving force. For example, Xunzi (5/7a, 6/6a, 13/2b) and Zhuangzi (7/1b) refer to Heaven, or to Heaven and Earth (*tian di*), as what gives birth to things. The <u>Yijing</u> highlights the idea of *sheng sheng*, or continuously giving life (7/4a), and speaks of *sheng* (giving life) as the 'great virtue' of Heaven and Earth (8/1b). In later Confucian thought, Zhang Zai describes the *ren* of Heaven and Earth in terms of giving birth to and nourishing the ten thousand things (5/4b), and the Cheng brothers refer to *sheng* (giving life) as the *dao* (Way) of Heaven (Cuiyan 1/5a). According to the Cheng brothers, the heart/mind of humans should be identical with the heart/mind of Heaven and Earth (Yishu 2a/1a), which is to give life to things (Waishu 3/1a). This is *ren*, which is compared to the life giving force of a seed (Cuiyan 1/4b, Yishu 18/2a). The Cheng

brothers even link the idea of ceaselessly giving life to the idea of forming one body with the ten thousand things – in giving life to all things, it is as if all things are part of one's own body (<u>Yishu</u> 2a/15b).

Zhu Xi again endorses similar ideas. He describes the heart/mind of Heaven and Earth as one of giving life to things (<u>Yulei</u> pp. 4, 1791; <u>Zhouyi Benyi</u>, p. 142). This heart/mind of giving life to things is *ren* (<u>Yulei</u> pp. 85, 2634; <u>Daquan</u> 67/20a-21b), and *ren* is compared to the life giving force of seeds (<u>Yulei</u> pp. 464-5, 2419). And, just like the Cheng brothers, he relates the idea of giving life to all things to the idea of forming one body with Heaven and Earth and with the ten thousand things (<u>Yulei</u> p. 2810).

How, then, does Zhu Xi reconcile the use of *ren* in the Lunyu to refer to the ethical ideal in general with its more specific use to refer to one of the four, or five, ethical attributes? Of the five attributes often mentioned together in Han and post-Han thought, *xin* is not highlighted in the Mengzi. This, according to Zhu Xi, is explained by the fact that *xin* refers to one's truly (*shi*) having the other attributes *ren*, *yi*, *li* and *zhi*, and so is not distinct from these other attributes (Yulei, pp. 104, 1296; Daquan 74/18b-19b). This is the reason why Mencius speaks of only four sprouts, and does not mention a sprout for *xin* (Yulei pp. 255-6).

As for the more specific use of *ren* to refer to one of the four ethical attributes, Zhu Xi reconcile this with the more general use of *ren* by invoking the idea that *ren*, understood in the more general manner, refers to a ceaseless life giving force. This life giving force runs throughout the four more specific attributes, in the way that it runs through the life cycle of a plant throughout the four seasons. It is most conspicuous in the spring when the plant begins to grow, and so the first of the four attributes is also referred to as *ren*. But it also runs though the development of the plant in the summer, autumn, and winter, as the plant flourishes, then completes its growth and starts to recede, and then subsides (<u>Yulei</u> pp. 109, 112, 2416; <u>Daquan</u> 74/18b-19b). Just as Heaven and Earth has this life giving force as its heart/mind, human beings also has this life giving force, namely *ren*, as their heart/mind. And just as the life giving force of Heaven and Earth goes through the four phases described above, *ren* in human beings also manifests itself in the four attributes *ren*, *yi*, *li*, and *zhi* (<u>Daquan</u> 67/20a-21b).

So, while *ren* in the specific sense refers to one of these four attributes, the one that has to do with love (*ai*) and in which this life giving force is more conspicuous, *ren* in the general sense encompasses all four attributes (Daquan 67/13a; cf. Yulei p. 2634). While Confucius occasionally uses *ren* in the specific sense, as when he associates *ren* with love (Lunyu 12.22), he more often uses it in a general sense (Yulei p. 2416). However, according to Zhu Xi, in speaking of *ren* in the general sense, Confucius is also implicitly talking about *ren*, *yi*, *li*, and *zhi*, which it encompasses (Daquan 74/18b-19b). Putting this in terms of the distinction between substance (*ti*) and function (*yong*), *ren* in the general sense refers to the substance of *ren* while *ren*, *yi*, *li*, and *zhi* refer to the different functions or manifestations of this substance. Thus, according to Zhu Xi, Confucius' and Mencius' different usages of *ren* is reconciled by the observation that Confucius focuses more on substance and Mencius more on function (Yulei p. 115).

# 3. <u>Zhu Xi on Xing in the Lunyu</u>

Zhu Xi's views on *xing* are expressed through his conception of the distinction between *li*\* (pattern, principle) and *qi* (material force, vital energies). *Li*\* is used verbally in early texts in the sense of "give order to" (Guanzi 10/3b, Huainanzi 21/8a). It is often used in relation to another term *zhi*\*, meaning "bring order to" or "be in order" (Xunzi 5/7a; Guanzi 16/3a; Hanfeizi 6/6b, Xiaojing 7/1b), and is sometimes contrasted with *luan*, or disorder (Mozi 36/25/14). *Li*\* pertains to things (Xunzi 15/9b; Huainanzi 21/3a; Liji 11/15a-b; Zhuangzi 10/14a), and the ten thousand things differ in *li*\* (Hanfeizi 6/8ab; Zhuangzi 8/30a-b). *Li*\* is something to be conformed to (Mozi 3/3/15-17) or followed (Guanzi 13/8b; Hanfeizi 20/8a; Zhuangzi 10/18a). As such, it is often paired with *dao* (Way) (Hanfeizi 6/3b; Zhuangzi 6/3b, 10/17b) and *yi* (propriety) (Xunzi 10/8b, 19/3b; Mengzi 6A:7; Lushichunqiu 18/19b; Guanzi 13/4a; Mozi 63/39/33). So, *li*\* resides in things, is the way things operate, and is also that to which their operation should conform.

This notion of  $li^*$  continues to be emphasized by later thinkers. For example, Guo Xiang regards  $li^*$  as pertaining to everything (1/19a) and the notion is related to *fen* (proper place) (1/2a), which in turn is related to *xing* in the expression *xing fen* (1/1a, 3/16a). The difference between these terms is that  $li^*$  emphasizes that which resides in a thing and governs its operations, *xing* emphasizes the thing's possession of  $li^*$ , and *fen* emphasizes the proper place of the thing given its  $li^*$ . For Guo Xiang, everything has its *xing fen*, and one should follow one's *xing* and live in accordance with one's *fen* (1/1a). By the late Tang and early Song, *xing* has come to be seen by Confucian thinkers as something that is originally good but can potentially be obscured. Li Ao takes this view, regarding *qing* (emotions) as that which can potentially obscure *xing* (2/1a-b) and the task of self-cultivation as one of restoring the original *xing* (2/3a-3b). Shao Yong emphasizes

the idea of responding to things in accordance with their  $li^*$ , putting this in terms of viewing things with things (6/26b) or with the  $li^*$  in things (6/26a).

Zhu Xi continues to emphasize the notion of  $li^*$ .  $Li^*$  resides in things, and it accounts for the way things are (*suo yi ran*) (Yulei p. 414, Mengzi Jizhu 2/6a) as well as the way things should be (*dang ran*) (Yulei pp. 414, 863; Lunyu Jizhu 2/11a; Lunyu Huowen 9/14b). Following the Cheng brothers (Yishu 22a/11a), he regards *xing* as constituted by  $li^*$  (Yulei pp. 92-3, 1387, 2427). As  $li^*$  resides in human beings and constitutes their *xing*, it takes the form of *ren*, *yi*, *li*, and *zhi* (Yulei pp. 63-4, 83, 92). Thus, *xing* is identical with  $li^*$  and is originally good; that human beings might be not good is due to *qi*.

In early texts, qi is viewed as something that fills Heaven and Earth (<u>Guoyu</u> 1/10a; <u>Zhuangzi</u> 3/11a). Qi also fills the body of human beings; for example, qi grows in a person through the intake of the senses, and the proper balance of qi accounts for the proper operation of the senses (<u>Guoyu</u> 3/13b). Both Mencius and Xunzi regard properly nourishing qi under the guidance of the heart/mind as an important part of self-cultivation (<u>Mengzi</u> 2A:2, 6A:8; <u>Xunzi</u> 1/8b-9a). By contrast, the <u>Zhuangzi</u> advocates emptying the heart/mind so that qi in oneself can respond without influence from the heart/mind (<u>Zhuangzi</u> 2/7a). Han thinkers such as Dong Zhongshu continue to advocate the proper balance of qi in oneself (10/3b), while Wang Chong speaks of people having different endowments of qi (2/14a-b, 18/4a). By early Song, Confucian thinkers such as Zhang Zai speaks of the purity and impurity of qi (2/3b), and refers to *xing* constituted by one's endowment of qi as material nature (qi zhi zhi xing) (2/18b-19a).

Zhu Xi regards things as comprising both  $li^*$  and  $qi - li^*$  does not exist without qiand vice versa (<u>Yulei</u> pp. 2-3). Thus, though *xing* in a thing is constituted by  $li^*$ , this  $li^*$ must reside in an endowment of qi that the thing has (<u>Yulei</u> pp. 61, 66). While *xing* in a human being is constituted by  $li^*$  and is perfectly good, the endowment of qi can be pure or impure (<u>Yulei</u> pp. 8, 56, 64-67). This accounts for the ethical difference between people (<u>Daquan</u> 74/20a; <u>Yulei</u> pp. 68, 2429). The endowment of qi in a person is also part of *xing*, and material nature (qi *zhi zhi xing*) refers to  $li^*$  as embedded in qi (<u>Yulei</u> p. 67). Accordingly, Zhu Xi endorses the Cheng brother's distinction between original nature (*ben ran zhi xing*) and material nature (<u>Yulei</u> p. 2431); the former is perfectly good while the latter can be not good (<u>Yulei</u> p. 89). This distinction provides the apparatus for resolving the apparent conflict between the Mencian view that *xing* is good and Confucius's observations in the <u>Lunyu</u> about different kinds of people and about how people are close to each other by nature (*xing*).

In <u>Lunyu</u> 17.2, Confucius observes that people are close to each other by nature (*xing*), though they can come apart through practice. Zhu Xi endorses the Cheng brothers' view that this is an observation about material nature (cf. Cheng Yi and Cheng Hao <u>Yishu</u> 18/19b, 22a/10b-11a). If the passage were about original nature, which is constituted by *li*\*, then people are equally good and it would have been inappropriate to speak of their being close to each other by nature (<u>Lunyu Jizhu</u> 9/1b-2a; <u>Lunyu Huowen</u> 22/2b-3a; <u>Yulei</u> pp. 67-69, 1177-8). While material nature accounts for the ethical difference among people, the difference is not extreme at the start, and it is only through practice that people come further apart.

There are two passages in the Lunyu that describe different kinds of people. In 17.3, Confucius observes that only those of superior intelligence or profound stupidity do not change. And in 16.9, he describes various kinds of people – those who are born knowing, those who know after having learnt, those who learn upon feeling perplexed, and those who do not learn even when perplexed. Again, Zhu Xi takes these passages to describe the difference in the endowment of qi among people (Lunyu Jizhu 8/12b, 9/2a; Lunyu Huowen 21/8a-b). The difference between 17.2 and 17.3 is that 17.2 concerns most people, who are close to each other by nature, while 17.3 describes the extreme cases of those at the highest or lowest end (Yulei p. 1178). Even in the extreme cases, it is not that these people cannot change (bu ke yi). Those of superior intelligence just follow *li*\* without effort, and so there is no need to change (Yulei p. 2875). Those of profound stupidity, on the other hand, do not change (bu yi) only because they are unwilling to change (bu ken yi) (Lunyu Huowen 22/4a-b; Yulei p. 1178). These are the people described in Mengzi 4A:11 as people who do violence to themselves (zi bao) or throw themselves away (zi qi). The former refuse to believe in their ability to change, while the latter refuse to undertake change (Lunyu Jizhu 9/2a; cf. Cheng Yi and Cheng Hao Yishu 18/17b).

Thus, the distinction between original nature and material nature allows Zhu Xi to explain how people differ despite the fact that they are all fundamentally good. It is the difference in endowment of *qi* that accounts for this difference as described in <u>Lunyu</u> 16.9 (<u>Yulei</u> p. 66) and in chapter 20 of <u>Zhongyong</u> (<u>Zhongyong Huowen</u> 4/25b-26b). According to Zhu Xi, while Confucius is discussing material nature in the passages just considered, he rarely comments on original nature. This accounts for a disciple's

observation in passage 5.13 that Confucius rarely discourses on *xing*, which according to Zhu Xi is *xing* as constituted by *li*\* (<u>Yulei</u> p. 726; <u>Lunyu Jizhu</u> 3/5a).

Zhu Xi also uses the distinction between two notions of nature to characterize other views of *xing* found in the history of Chinese thought (Yulei p. 70). According to him, Mencius discusses xing as constituted by  $li^*$ , which is perfectly good (Mengzi Huowen 30/1a). The same is true of the observation in chapter 1 of Zhongyong that what is mandated by *tian* is what is meant by *xing* (Yulei pp. 67-69; Zhongyong Huowen 3/4b-6a). On the other hand, Xunzi's view that *xing* is bad, Yang Xiong's view that *xing* is mixed, and Han Yu's view that there are different grades of *xing*, are all about material nature (Yulei p. 78). This is also true of Gaozi's view that *sheng* (life, to give life) is what is meant by xing, a view that focuses on what pertains to qi, such as consciousness and the operation of the senses (Yulei pp. 71, 1375-6, 2425; Mengzi Jizhu 6/2a-2b; Mengzi Huowen 36/2a). The Cheng brothers comment that to discourse on *xing* without discoursing on *qi* is to lack comprehensiveness, and to do the reverse is to lack understanding. According to Zhu Xi, to talk about original nature without regard to the different endowments of *qi* in which it is embedded is to lose sight of the difference between people and so lacks comprehensiveness. On the other hand, to talk about material nature without regard to the original good nature is to lose sight of the source of goodness, something fundamental to human beings, and so lacks proper understanding (<u>Yulei</u> pp. 1387-9, 1493).

# 4. <u>Zhu Xi on Self-Cultivation in the Lunyu</u>

Zhu Xi's view that human beings are originally good influences his reading of certain important passages in the Lunyu. Consider, for example, passage 1.2 in which Youzi observes that being filial to parents and obedient to elders is the basis (*ben*) for, depending on interpretation, ren or wei ren. If human beings are already ren, then being filial and obedient cannot be the basis for acquiring *ren*. For this reason, the Cheng brothers think that 1.2 is an observation about the basis for *wei ren*, namely the practice of ren, rather than for ren (Waishu 7/3a; cf. Yishu 11/7a). They take wei ren to be about the practice of ren (xing ren) – the practice of ren starts with being filial to parents and obedient to elders (Cuivan 1/3b; Yishu 18/1b). Zhu Xi endorses the Cheng brothers' view (Lunyu Jizhu 1/2a; Lunyu Huowen 6/10a-b). Not only is being filial toward parents and obedient toward elders not the basis for *ren*, but it is the latter that provides the basis for the former – being filial and obedient is a manifestation of *ren* which is in one's original nature (Yulei p. 462-3, 471). Because ren is first manifested within the family setting in these two qualities, one should start by practicing them so that the manifestation of *ren* will eventually broaden to other areas (Daquan 67/12b, 70/20a-20b; Lunyu Huowen 6/10a-b).

Thus, Zhu Xi regards 1.2 as about the practice of *ren* rather than about *ren* as such. This is the way he interprets many of the passages in the <u>Lunyu</u> that apparently are about *ren* – he sees them as primarily about self-cultivation rather than about *ren* itself (<u>Daquan</u> 73/46a). And since *ren* is, according to him, used primarily in the <u>Lunyu</u> in a general sense that encompasses *ren*, *yi*, *li*, *zhi*, and *xin*, he takes these passages to be also implicitly about these other attributes. For example, 1.2 is also about the basis for the practice of these other attributes. Loving parents (*ai qin*) is the starting point for the practice of *ren* in the specific sense that focuses on love. Following parents (*shun qin*) and respecting parents (*jing qin*) are respectively the bases for practicing *yi* and *li*, while knowing to do these is the basis for practicing *zhi*. One's truly (*cheng*) doing all of the above, on the other hand, is the basis for the practice of *xin* (Lunyu Huowen 6/11b).

But if human beings are originally good, why do we need a process that starts with being filial to parents and obedient to elders in the practice of *ren*? According to Zhu Xi, human beings are drawn by external things and can lose what they received form Heaven. As a result, they might no longer be able to practice *ren* without effort, and so have to start with the more intimate relations within the family (Lunyu Huowen 6/11a-b). The view that ethical failure is due to the influence of external things can be found in various early texts.

The <u>Mengzi</u> ascribes ethical failure to the operation of the senses, regarding the heart/mind as the organ that should regulate the senses (6A:15). The <u>Huainanzi</u> observes how sensory objects can distort the operation of the senses (7/3a) and how it is only under the heart/mind's regulation that the senses attain their proper balance (14/7b). The <u>Guanzi</u> observes how external things can distort the operation of the senses (16/3a), which in turn can distort the operation of the heart/mind (13/6a). The "Yueji" chapter of the <u>Liji</u> describes how, when human beings come into contact with external things, likes and dislikes arise, and how such likes and dislikes, if not regulated, can do damage to *tian li*\* (11/8b-9a). Zhu Xi similarly ascribes ethical failure to distortion that arises when one comes into contact with external things. When the senses come into contact with external things are without limit (<u>Daxue Huowen</u> 1/5a-b). When such desires are plenty and unregulated,

they become problematic (<u>Mengzi Jizhu</u> 7/28a) and one becomes subordinated to external things (<u>Yulei</u> p. 262).

This phenomenon Zhu Xi refers to as *si* (private, partial, self-centered), which contrasted with gong (public, impartial). Si, when used to refer to what has to do with oneself, does not by itself carry any negative connotation. The Lunyu speaks of examining Yan Hui's si in the sense of examining his 'private' life (2.9), and the Mengzi talks about attending to one's own (si) affairs after having attended to public (gong) affairs (3A:3). However, *si* can also be used to describe a focus on oneself that prevents a balanced perspective. For example, gong vi, or propriety that is 'public' or 'objective', is contrasted with resentment that is self-centered (si) (Mozi 9/8/20), with private (si) affairs (Xunzi 8/5a) or with selfish (si) desires (Xunzi 1/13a). Zhu Xi likewise sees si as problematic when contrasted with gong. Gong is compared to being comprehensive, and si to forming associations and being swayed by close personal relations (Lunyu Jizhu 1/11b; Yulei p. 581). To form one body with the ten thousand things is gong, by contrast to *si*, which has to do with focusing on oneself in a way that inappropriately neglects the interest of other people and things (Yulei p. 117, Daxue Huowen 1/14a-b). One's being drawn by external things without regulation leads to this inappropriate focus on oneself to the neglect of others.

This understanding of *si* influences Zhu Xi's interpretation of several important passages in the <u>Lunyu</u>. In 12.1, in response to a question by Yan Hui about *ren*, Confucius responds that *ren* has to do with overcoming the self and returning to ritual propriety (*ke ji fu li wei ren*). For Zhu Xi, *ke ji* refers to overcoming or winning over (*ke*) the *si* of the self (*ji*). *Li* is the embodiment of *tian li*\*, and *fu li* refers to one's returning

13

(*fu*) to *tian li*\* with which one is already endowed and which is embodied in *li*. *Wei ren* refers to the way to practice the *ren* that one has, which involves overcoming one's selfish desires (*si yu*) thereby returning to *tian li*\* (Lunyu Jizhu 6/10a; Yulei p. 1045; Daquan 67/20a-21b). *Li* (rites) pertains to *li*\*, by contrasted to *ji* (self) which has to do with selfish human desires (Lunyu Huowen 17/4a-b), and this contrast is the same as that between *gong* and *si* (Lunyu Huowen 17/2a). While *fu li* follows from *ke ji* and is not another process distinct from it (Yulei p. 1060), the two differ in that *ke ji* is a general description of the process while *fu li* emphasizes the details that pertain to daily life (Yulei p. 1046).

In Lunyu 12.2, in response to Zhong Gong's query about *ren*, Confucius says: "When traveling behave as if you were receiving an important guest. When employing the services of the common people behave as if you were officiating at an important sacrifice. Do not do to others what you yourself do not desire." Zhu Xi takes the two halves of this remark to be about, respectively, *jing* (reverence, seriousness) and *shu* (reciprocity). *Jing* involves maintaining one's mental focus and attention, while *shu* involves extending oneself to other people and things. By practicing *jing* and *shu*, one eliminates the selfish thoughts (*si yi*) in oneself – the former prevents selfish thoughts from arising, while the latter prevent them from manifesting themselves in one's interaction with other people and things (Lunyu Jizhu 6/11a-b; Lunyu Huowen 17/7a). These two aspects of self-cultivation are related – *jing* precedes and is preparation for *shu* (Yulei p. 1071).

The first half of 12.2 describes dealing with others as if receiving an important guest and conducting a sacrifice; the attitude highlighted is directed toward deities and

persons, and is often characterized as *jing* in early text. The Lunyu, however, also uses *jing* in relation to affairs (e.g., Lunyu 1.5, 13.19, 15.38, 16.10), and presents it as a way to cultivating oneself (Lunyu 14.42) as well as a quality of the superior person (Lunyu 12.5). Other early texts relate *jing* to *jie* (e.g., Zuozhuan 16/23a) and *shen* (e.g., Zuozhuan 19/23b, citing Shijing), both of these terms having to do with an attitude of being on guard and cautious. So, even in early texts, *jing* has the more general meaning of an attitude of mental focus, caution, and fearfulness. Zhu Xi, following the Cheng brothers (cf. Cheng Yi and Cheng Hao Yishu 15/5a, 15/20a; Cuiyan 1/3b), characterizes *jing* as having oneness as master in that the heart/mind is not divided (Yulei p. 2635), so that one is not distracted by other things when focused on one thing (Yulei pp. 2464, 2467). *Jing* is an attitude of caution and fearfulness (Yulei pp. 2471, 2767) and involves being constantly alert (Yulei pp. 494, 2788). This attitude of mental focus prevents selfish thoughts from arising, which Zhu Xi takes to be the point of the first half of the remark from 12.2.

As for the second half, not doing to others what one does not oneself desire is explicitly described as *shu* in 15.24, and *shu* is linked to *zhong* (doing one's best, devotion) in 4.15. Related ideas are also found in 5.12 and 6.30. According to Zhu Xi, *shu* involves extending oneself (*tui ji*) to other things (<u>Lunyu Jizhu</u> 8/6a). The extension of oneself to other things flows naturally from the sage without effort, while others in the process of self-cultivation do need to exert effort (<u>Yulei</u> p. 672). According to Zhu Xi, the way Zigong describes himself in 5.12 emphasizes the effortless of his extending himself to others, and that is the reason why Confucius remarks that this is not yet something Zigong has accomplished. The way it is described in 12.2 and 15.24, on the other hand, uses a term of prohibition *wu* thereby emphasizing effort (<u>Lunyu Jizhu</u> 3/4b-5a; <u>Yulei</u> pp. 116, 358; <u>Lunyu Huowen</u> 11/30a; cf. Cheng Yi and Cheng Hao <u>Jingshuo</u> 6/5a and <u>Waishu</u> 7/3a). Through the exercise of *shu*, one overcomes the *si* of human desires (<u>Yulei</u> pp. 1435-6), and this restores the original state in which one forms one body with all things (Lunyu Jizhu 3/18a).

For Zhu Xi, *jing* and *shu* highlighted in 12.2 and *ke ji fu li* referred to in 12.1 mutually support each other (<u>Yulei</u> p. 1072). The former focuses more on positively developing oneself, and the latter on correcting what is problematic (<u>Yulei</u> p. 1073). He compares *jing* to guarding the doors of one's house and *ke ji* to warding off robbers, as well as comparing *jing* to resting to build up strength and *ke ji* to taking medicine to cure one's illness. The former, if successful, preempts the need for the latter; on the other hand, the latter comes into play should the former not do its job (<u>Yulei</u> p. 151). In both cases, the goal is to preempt *si* and to eliminate its presence if it does arise.

On Zhu Xi's interpretation, 12.1 and 12.2 are not directly about *ren* though Confucius is responding to queries by disciples about *ren*. He relates *ren* to *gong*, and regards *si* as what detracts from *ren* (Yulei p. 2486); the *gong* of *ren* is compared to the way Heaven and Earth nourishes the ten thousand things without discrimination (Yulei p. 2415). However, *ren* is not identical with nor produced by *gong*. Rather, *gong* is identical with the absence of *si* and enables *ren*, which one originally has, to flow and manifest itself (Yulei p. 116-7, 2833-4). Passages 12.1 and 12.2 are not direct characterizations of *ren* but describe the process by which one preempts and eliminate *si*, thereby allowing *ren* to fully manifest itself (Yulei p. 2453). This point he illustrates with the imagery of a mirror. *Ren* is compared to the brightness of the mirror, which is originally there. *Si* is compared to the dust on the mirror, and *gong* to the absence of dust. The absence of dust enables the brightness of the mirror to shine forth, but this brightness is originally there and is not identical with nor produced by the absence of dust (<u>Yulei</u> p. 2454).

This understanding of the contrast between *gong* and *si* in relation to *ren* shapes his interpretation of other passages in the Lunyu. Consider as further examples passages 6.3 and 6.7, which comment on Yan Hui. 6.3 describes how Yan Hui does not "transfer his anger". Following the Cheng brothers, Zhu Xi uses the imagery of the mirror to explain this observation. Yan Hui's heart/mind is like a bright mirror. Just as the image in a mirror is a response to things and does not originate from the mirror, Yan Hui's anger is an appropriate response to a situation and does not originate from himself. Since his anger is directed only to what appropriately calls for such anger, it would not be inappropriately transferred to other situations (Lunyu Jizhu 3/10b; Yulei pp. 768, 772). Similarly, he interprets 6.7, which describes how Yan Hui's heart/mind does not deviate from *ren* for three months, in terms of the notion of *si*. Since *ren* already exists, one's heart/mind will deviate from *ren* only as a result of the effect of selfish desires (*si yu*). Just as the absence of dust enables the brightness of the mirror to shine forth, the absence of selfish desires in Yan Hui enables his heart/mind to not deviate from *ren* (Yulei pp. 781, 787).

# 5. <u>Concluding Remarks</u>

Zhu Xi's interpretation of ideas in the <u>Lunyu</u> is shaped by his own version of Confucian thought and by his conception of Confucian orthodoxy as defined by a set of canonical texts. The latter accounts for his explicit attempts to both defend ideas in the <u>Lunyu</u> and make these ideas compatible with ideas from other canonical texts such as the

17

<u>Mengzi</u>. Our discussion shows how both are at work in his interpretation of ideas in the <u>Lunyu</u> related to *ren*, *xing*, and self-cultivation.

In relation to *ren*, he understands *ren* in terms of two related ideas – forming one body with all things and a ceaseless life giving force. He also sees the need to reconcile the general use of *ren* in the <u>Lunyu</u> with its more specific use to refer to one of several ethical attributes in the <u>Mengzi</u> and in later Confucian thought. The view of *ren* as a life giving force enables him to do this by observing how this life giving force manifests itself in different ethical attributes, though more visibly in the attribute that focuses on affective concern.

In relation to *xing*, he regards *xing* as constituted by  $li^*$ , while at the same time holding the view that  $li^*$  is always embedded in qi. Thus, there is a distinction between original nature, which refers to  $li^*$  as such, and material nature, which refers to  $li^*$  as embedded in qi. He also sees the need to reconcile Confucius' observations about how people are close to each other by nature and about different kinds of people with the Mencian view that *xing* is good. He does this by invoking the distinction between original and material nature, claiming that Mencius' view is about original nature while Confucius' view is about material nature.

Zhu Xi's view that the *xing* of human beings is constituted by *li*\*, which is perfectly good, leads him to view ethical failure as a deviation from the original state of human beings. This original state is characterized by *ren*, which involves one's forming one body with all things, and ethical failure is due to one's focusing inappropriately on oneself in a way that separates one from other people and things. This is the phenomenon of *si*, which is contrasted with *gong*, a state in which there is no inappropriate focus of this kind. His view that *ren* characterizes the original state of human beings leads him to interpret passages in the <u>Lunyu</u> such as 1.2 to be about the practice of *ren* rather than about *ren* itself. And his understanding of *si* also leads him to interpret passages such as 12.1 and 12.2, in which Confucius responds to disciples' queries about *ren*, as observations not about *ren* as such but about the practice of *ren* through the prevention or elimination of *si*. For him, many of the comments on *ren* in the <u>Lunyu</u> are not directly about *ren*, but about the practice of *ren*. Even in the case of Yan Hui as depicted in 6.3 and 6.7, he sees these passages as not directly about *ren* in Yan Hui, but about how the absence of *si* enables his *ren* to manifest itself.

Earlier, in discussing Zhu Xi's interpretation of Confucius' and Mencius' different usages of *ren*, we noted that he regards Confucius as focusing more on the substance (*ti*) of *ren* and Mencius more on function (*yong*). Our discussion of Zhu Xi's understanding of self-cultivation in the Lunyu, however, also shows that he believes Confucius does not directly talk about the nature of *ren*. That is, while Confucius' focus is on substance, the focus is on how to enable this substance to manifest itself rather than on the direct characterization of this substance. This point is reflected in his interpretation of passage 5.13 as saying that Confucius rarely discusses original nature – Confucius' focus is on material nature, namely  $li^*$  as embedded in the endowment of *qi*. So, Confucius' focus is more on the practical manifestation of *ren*, and this accounts for his focusing on the practice of *ren* rather than on the nature of *ren* itself when responding to disciples' queries about *ren*. According to Zhu Xi, it is exactly the contribution of the Mengzi and the Zhongyong that they take the Confucian discourse beyond this practical focus to a more explicit discussion of the fundamental characteristics of the original nature of human beings.

**Bibliography** 

Cheng Yi and Cheng Hao <u>Chengshi Jingshuo</u> (<u>Jingshuo</u>) in <u>Ercheng Quanshu</u> (<u>Sibubeiyao</u> edition).

- ----- Ercheng Cuiyan (Cuiyan) in Ercheng Quanshu (Sibubeiyao edition).
- ----- Henan Chengshi Yishu (Yishu) in Ercheng Quanshu (Sibubeiyao edition).
- ----- Henan Chengshi Waishu (Waishu) in Ercheng Quanshu (Sibubeiyao edition).

Dong Zhongshu <u>Chunqiufanlu</u> (Sibubeiyao edition).

Guanzi (Sibubeiyao edition).

Guo Xiang <u>Zhuangzi Zhu</u> in <u>Zhuangzi</u> (<u>Sibubeiyao</u> edition).

Guoyu (Sibubeiyao edition).

Hanfeizi (Sibubeiyao edition).

Huainanzi (Sibubeiyao edition).

Li Ao Liwengong Ji (Sikuquanshu edition).

Liezi (Sibubeiyao edition).

Liji (Sibubeiyao edition).

Lunyu. Following the numbering of passages in Yang Bojun Lunyu Yizhu 2<sup>nd</sup> edition (Zhonghua Shuju, 1980).

Lushichunqiu in Xu Weiyu Lushichunqiu Jishi 4th edition (Taipei: Shijie Shuju, 1988).

Mengzi. Following the numbering of passages, with book numbers 1A-7B substituted for

1-14, in Yang Bojun Mengzi Yizhu 2<sup>nd</sup> edition (Zhunghua Shuju, 1984).

<u>Mozi</u>. Following the reference system in <u>A Concordance to Mo Tzu</u> in <u>Harvard-Yenching</u> Institute Sinological Index Series 2<sup>nd</sup> edition (1961).

Shao Yong Huangji Jingshishu (Sibubeiyao edition).

Wang Chong <u>Lunheng</u> (Sibubeiyao edition).

Xiaojing, in Xiaojing Zhushu (Sibubeiyao edition).

Xunzi (Sibubeiyao edition).

<u>Yijing</u>, in <u>Zhouyi Wang-Han Zhu</u> (<u>Sibubeiyao</u> edition).

Zhang Zai Zhangzi Quanshu (Sibubeiyao edition).

Zhongyong. Following Zhu Xi's division of the text into chapters in his Zhongyong

Zhangju (Sikuquanshu edition).

Zhu Xi Daxue Huowen (Sikuquanshu edition).

- ----- <u>Lunyu Huowen</u> (<u>Sikuquanshu</u> edition).
- ----- <u>Lunyu Jizhu</u> (<u>Sikuquanshu</u> edition).
- ----- <u>Mengzi Huowen</u> (Sikuquanshu edition).
- ----- <u>Mengzi Jizhu</u> (<u>Sikuquanshu</u> edition).
- ----- <u>Zhongyong Huowen</u> (<u>Sikuquanshu</u> edition).
- ----- <u>Zhongyong Zhangju</u> (<u>Sikuquanshu</u> edition).
- ----- Commentary on Zhang Zai's Ximing in Zhangzi Quanshu (Sibubeiyao edition).
- ----- Zhouyi Benyi 2<sup>nd</sup> edition (Tianjinshi Gujishudian, 1988).
- ----- Zhuzi Daquan (Daquan) (Sibubeiyao edition).
- ----- Zhuzi Yulei (Yulei) (Zhonghua Shuju, 1986).
- Zhuangzi (Sibubeiyao edition).

Zuozhuan in Chunqiu Zuoshizhuan Dushijijie (Sibubeiyao edition).

# <u>Glossary</u>

Ai	爱
Ai qin	爱亲
Ben	本
Ben ran zhi xing	本然之性
Bu ke yi	不可移
Bu ken yi	不肯移
Bu yi	不移
Cheng	诚
Dang ran	当然
Dao	道
Fen	分
Fu	复
Fu li	复礼
Gong	公
Gong yi	公义
Ji	己
Jie	戒
Jing	敬
Jing qin	敬亲
Ke	克

Ke ji	克己
Ke ji fu li wei ren	克己复礼为仁
Li	礼
Li*	理
Luan	乱
Qi	气
Qi zhi zhi xing	气质之性
Qing	情
Ren	仁
Shen	慎
Sheng	生
Sheng sheng	生生
Shi	实
Shu	恕
Shun qin	顺亲
Si	私
Si yi	私意
Si yu	私欲
Suo yi ran	所以然
Ti	体
Tian	天

Tian di	天地
Tian li*	天理
Tui ji	推己
Wei ren	为仁
Wu	勿
Xin	信
Xing	性
Xing fen	性分
Xing ren	行仁
Yi	义
Yi ti	一体
Yong	用
Yu	欲
Zhi	智
Zhi*	治
Zhong	忠
Zi bao	自暴
Zi qi	自弃